



School-lyceum named after H. Jeenbaev

# Healthy life

Teacher: Namatalieva A. N.

2018





# Lesson plan

Date – 24.01.2018

Grade – 5

Teacher – Namatalieva A. N.

The theme of the lesson – Healthy lifestyle

Ключевые компетентности:	Цели урока:
➤ Информационная Getting information from teacher	➤ Образовательная To explain the rules of using adverbs of frequency. To give new vocabulary
➤ Социально-коммуникативная Open class, group work and pair work	➤ Развивающая To create conditions for development of memorizing new words.
➤ Самоорганизация и разрешение проблем Giving marks to each other	➤ Воспитательная To make clear what is a lifestyle is and to convince children to lead a healthy lifestyle

Type of the lesson – getting new information

Form and method of the lesson – open class, group work and pair work

Expected outcome – SSWBAT make up sentences using adverbs of frequency

SSWBAT name the phrases connected to lifestyle

SSWBAT describe what is healthy and unhealthy lifestyle

Visual aids – cards, pictures, copybooks



Activities	Procedure	TTT	STT	Time
Warm- up	Greeting, asking a date. Game "Fly swatter": Grapes, apples, cake, banana, fish, egg, orange, carrot, potato, milk, pineapple, tomato.	Organize a class	Play a game	7 min.
Presentation	"Healthy and unhealthy lifestyle" Discuss <ul style="list-style-type: none"> <li>✓ What is lifestyle is?</li> <li>✓ What is healthy and unhealthy lifestyle is?</li> </ul> In groups divide the given word phrases into healthy and unhealthy lifestyle.	Ask questions  Control the class Put the word phrases	Answer to the questions Work in groups	13 min.
Practice	Listening the dialogue Check the understanding of a dialogue: <ul style="list-style-type: none"> <li>✓ Does Mr. Healthy have breakfast every day?</li> <li>✓ Does Mr. Healthy take a taxi?</li> <li>✓ Does Mr. Healthy always drive a car?</li> <li>✓ Does Mr. Healthy eat fish often?</li> <li>✓ Does Mr. Healthy eat hamburgers?</li> </ul>	Control a class Ask questions and check the students understanding	Answer to the questions	10 min.
Production	Explaining adverbs of frequency <ul style="list-style-type: none"> <li>✓ Always</li> <li>✓ Usually</li> <li>✓ Often</li> <li>✓ Sometimes</li> <li>✓ Seldom</li> <li>✓ Rarely</li> <li>✓ Never</li> </ul> Making up sentences with the word phrases on the board. <b>Worksheet with adverbs</b>	Organize a class Give an explanation f using adverbs of frequency	Write down the rules and make up sentences	12 min.
Summarizing	Giving marks and homework			3 min.





# HEALTHY LIFESTYLE

## *unhealthy* LIFESTYLE



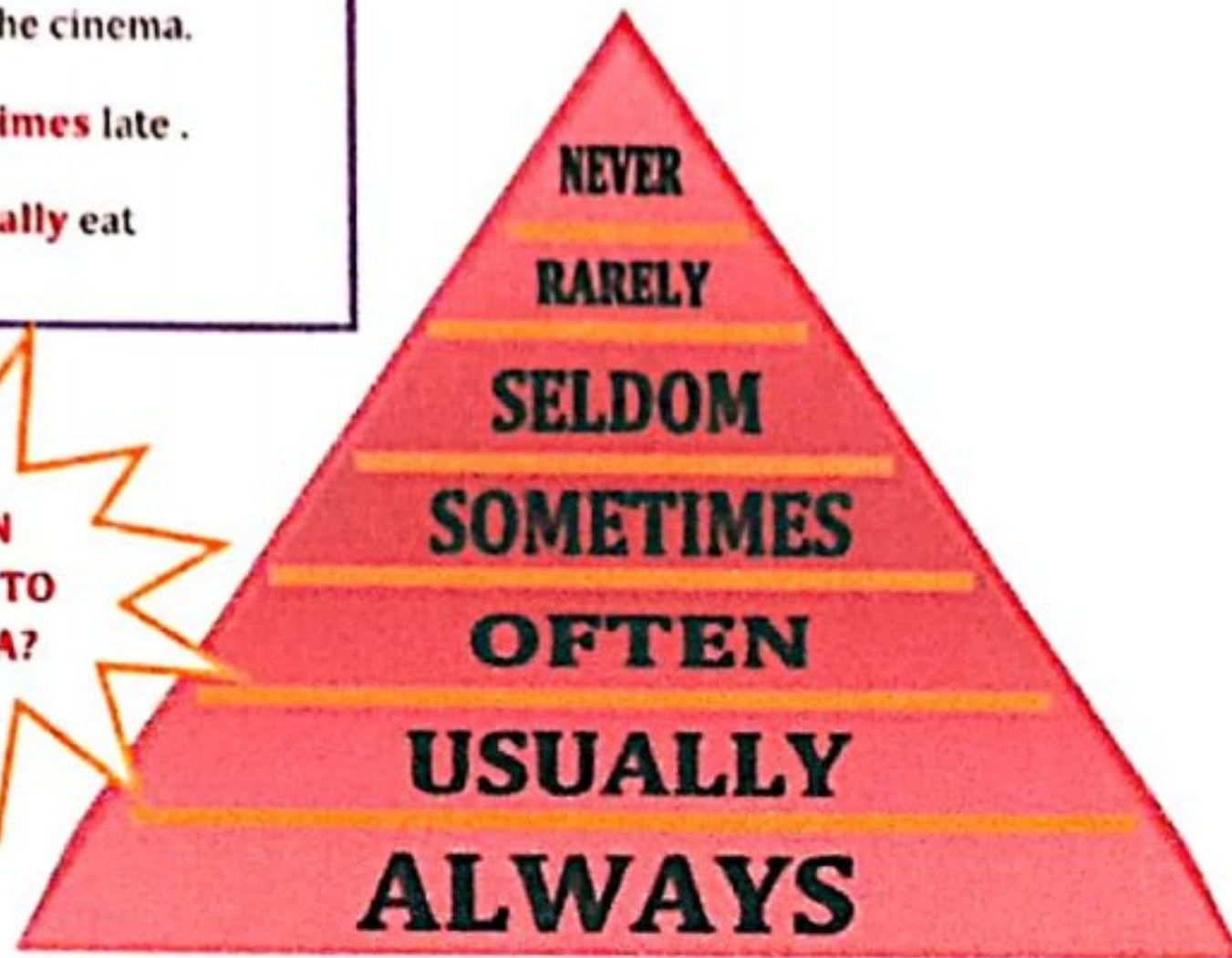
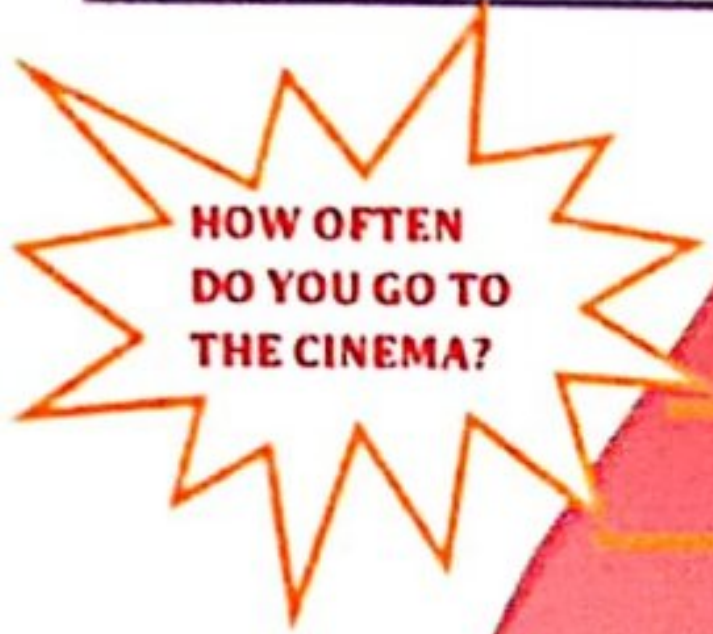
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# HOW OFTEN ... ?

## FREQUENCY ADVERBS

I **usually** go to the cinema.  
 They are **sometimes** late.  
 She doesn't **usually** eat vegetables.



A) Complete the sentences with always, usually, often, sometimes, seldom, rarely or never. Match the pictures to the sentences.

- I ..... do my homework.
- I am ..... rude.
- I ..... go to cafés with my friends.
- I ..... ride a bike at weekends.
- I ..... watch TV in the mornings.
- I am ..... late for school.
- I ..... have breakfast.
- I ..... speak English at home.
- I ..... get e-mails.
- I am ..... friendly.

